

# PRODUCE RX



## FEATURED RECIPES

### Potato & Heirloom Tomato Tart w/a Mediterranean-Inspired Salad **INGREDIENTS**

#### **Tart Crust:**

- 1 cup all-purpose or gluten free flour
- 6 Tbsp cold unsalted butter, cut into cubes
- 3-4 Tbsp ice water

- ½ lb potatoes, thinly sliced about ½ inch thick
- 1 Tbsp olive oil
- Salt & pepper
- 1-2 medium heirloom tomatoes, sliced
- ¼ small red or white onion, thinly sliced (optional)
- 1 Tbsp fresh oregano leaves, *minced*1/3 cup cheese of choice such as feta, cheddar or goat cheese

## **Mediterranean Salad:**

- 1 medium heirloom tomato, cut into wedges
- 1 cucumber, sliced into half-moons
- 3 Italian plums, pitted and sliced
- 1 Tbsp fresh oregano leaves, minced
- 1 Tbsp olive oil
- 1 tsp lemon juice
- ½ garlic clove, finely grated
- Salt & pepper to taste





#### **INSTRUCTIONS**

#### **Prep Tart Crust:**

- 1. In a medium bowl, combine flour and salt. Add cold cubed butter. Use a pastry cutter or your fingers to mix until the dough resembles coarse pea sized crumbs.
- 2. Add ice water 1 Tbsp at a time, mix gently until dough holds together.
- 3. Form dough into a disk, wrap in plastic, and chill for 20–30 minutes in the refrigerator.

#### **Pan-Fry Potatoes:**

- 1. Heat olive oil in a large, non-stick skillet over medium-high heat. Add thinly sliced potatoes in a single layer. Cook for 2-3 minutes on each side until golden and tender.
- 2. Season with salt and pepper. Remove from heat and set aside.

#### **Assemble Tart:**

- 1. Roll chilled dough into an 9 inch round on a parchment line baking sheet. Layer cooked potatoes in the center of crust, leaving a 1 inch border.
- 2. Arrange heirloom tomato slices and optional onion on top of potatoes. Sprinkle with oregano, cheese, salt and pepper and a drizzle of olive oil.

#### Fold & Bake Tart:

- 1. Fold the edges of the dough over the filling, pleating as needed to create a rustic border.
- 2. Bake tart in preheated oven at 400°F for 25–30 minutes, until crust is golden and filling is bubbling.

#### **Prepare Salad:**

- 1. In a large bowl, whisk together olive oil, lemon juice, grated garlic, salt, and pepper.
- 2. Add heirloom tomato wedges, cucumber slices, and sliced Italian plums to bowl and toss gently. Sprinkle with oregano on top.

#### Serve:

1. Slice tart and serve warm alongside a scoop of Mediterranean salad. Bon Appetite!

#### **Serving Suggestions:**

- 1. Drizzle tart with hot honey or balsamic glaze to highlight sweetness of the heirloom tomatoes.
  - 2. Add protein to tart by sprinkling with cooked bacon crumbles or vegan sausage before baking.
  - 3. Want more Mediterranean flavors? Try pairing meal with a Plum & Grape Granita for a refreshing finish!